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**Module 4.1 Interpersonal Relationships****Learning Outcome**

4.1 Upon completion of this block of instruction, the student will be able to identify and understand the importance of maintaining appropriate interpersonal relationships both on and off duty as it relates to the Chief Petty Officer Creed.

**Objectives**

4.1a Define and discuss interpersonal relationships as they relate to the CPO Creed.

4.1b Analyze and discuss the various types of interpersonal relationships and how they relate to Chief Petty Officers leading and mentoring junior, peers, and senior personnel.

4.1c Explain the importance and challenges associated with maintaining appropriate interpersonal relationships in and out of the workplace and how it relates to being a Chief Petty Officer and the Chief Petty Officer Creed.

4.1d Discuss how interpersonal relationships impact the command, the mission, and the Navy and how this relates to the Chief Petty Officer process and being engaged.

**Curriculum Development References**

1. Laying the Keel, May 2019

**Student Preparation Material****A. Student Support Material**

1. Syllabus 4.1

**B. Reference Publications**

1. Laying the Keel, May 2019
2. Navy Leader Development Framework, Version 3.0 May 2019.
3. The Only Way to Win: How Building Character Drives Higher Achievement and Greater Fulfillment in Business and Life, Loehr, J. Hachette Books.
4. OSU.EDU. Building Interpersonal Relationships. <https://onpace.osu.edu/modules/transitioning-to-the-workplace/building-interpersonal-relationships>

**C. Instructional Materials Required**

1. Personalized lesson plan
2. Slideshow
  - a. Slide 4.1-1 through 4.1-15
3. Support Equipment

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Module 4.1 Interpersonal Relationships

- a. VAP or SMART Board and Butcher Paper
- b. Markers

**D. Seminar Room Preparation**

- 1. Write your name, lesson number, and lesson module title on the marker-board
- 2. Check all audio/visual equipment (as applicable) to ensure it is present and in working order.

**E. Suggested Timelines**

- 1. 60-90 minutes

## Module 4.1 Interpersonal Relationships

## Discussion Point

## Related Instructor Activity

**I. Introduction (Slides 4.1-1 - 4.1-3)****Display Slide 4.1-1****A. Attention**

Introduce yourself and the lesson module.

1. Establish contact

**Display Slide 4.1-2 (Objectives)**

2. Lesson Objectives

DISCUSS: the purpose of the lesson.

**B. Motivation: Used to heighten awareness of the lesson module and increase the student's interest.**

Provide a motivating statement on the importance of the subject matter.

**C. Overview****Display Slide 4.1-3 (Overview)**

1. CPO Creed.

2. Definition of interpersonal relationships.

3. Analyze interpersonal relationships.

4. Discuss the importance of interpersonal relationships as Chief Petty Officers.

## Module 4.1 Interpersonal Relationships

## Discussion Point

## Related Instructor Activity

**II. Presentation****Display Slide 4.1-4**

- Play CPO Profile Video.
- ASK: What do you think is MCPON Black's legacy?

**A. CPO Creed module four.****Display Slide 4.1-5**

Note: Let the students read the excerpt from the CPO Creed

- ASK: "What are these new "responsibilities?"
- ASK: How can one Sailor's actions affect an entire command?
- ASK: What are some of the ways interpersonal relationships affect good order and discipline?
- ASK: How can interpersonal relationships affect mission accomplishment?

**B. Types of interpersonal relationships****Display Slide 4.1-6**

- Call on students to provide an example(s) of each type.

**Display Slide 4.1-7**

## Module 4.1 Interpersonal Relationships

## Discussion Point

## Related Instructor Activity

**C. Friendship definition**

- Call on students to provide an example(s) of each type.

**Display Slide 4.1-8**

Note: Ask for volunteers to read each definition

- ASK: Do friendships support or conflict with good order and discipline? How?
- ASK: Do you expect any changes in current friendships as you (or your friend) advance? If so, what do you think will change?
- ASK: How do we anticipate dealing with those changes?

**D. Romance/Love Definition****Display Slide 4.1-9**

Note: Ask for volunteers to read each definition

- ASK: Are romance/love-type relationships in conflict with good order and discipline or do they support it? How?
- ASK: Do you expect any changes in current relationships as you (or your partner) advance? If so, what do you think will change?
- ASK: How do we anticipate dealing with those

## Module 4.1 Interpersonal Relationships

## Discussion Point

## Related Instructor Activity

changes?

**E. Platonic definition****F. Family definition****Display Slide 4.1-10**

Note: Ask for volunteers to read each definition

- ASK: How do these types of relationships influence command climate and good order and discipline?
- ASK: Do you have any examples of when a family relationship could pose a concern? How do you suggest we manage that?

**G. Professional****Display Slide 4.1-11**

Note: Ask for volunteers to read each definition

- ASK: Can someone provide examples of what a professional relationship looks like?
- ASK: Do all professional relationships look the same?
- ASK: How do we maintain a professional relationship with someone we disagree with constantly?

**H. Importance of appropriate interpersonal relationships****Display Slide 4.1-12**

- ASK: Why is it important that you, as a Chief,

## Module 4.1 Interpersonal Relationships

## Discussion Point

## Related Instructor Activity

**I. Challenges to maintaining appropriate interpersonal relationships**

understand different types of relationships?

- DISCUSS: Positive and negative aspects of interpersonal relationships to the class.

**Display Slide 4.1-13**

- ASK: Now that you are a Chief, how do you plan on dealing with these challenges?
- ASK: What is the result if the entire CPO Mess is not working together to overcome these challenges?
- DISCUSS: How the challenge of maintaining appropriate relationships changes when a Sailor becomes a Chief in the U.S. Navy.

**J. Command, Mission, and Navy Impact****Display Slide 4.1-14**

Note: The facilitator must delineate between the one-on-one impact from Slide 4.1-10 and the impacts on Command, Mission, and the Navy.

- ASK: How do interpersonal relationships of all types influence command, mission, and the Navy?
- ASK: Are you doing your part to support good order and discipline through your choices and your interpersonal relationships? Is your CPO Mess doing its part?

## Module 4.1 Interpersonal Relationships

## Discussion Point

## Related Instructor Activity

**K. Naval History Timeline Links**

[Central Pacific campaign](#)

[D-Day](#)

[Battle of the Philippine Sea](#)

[Leyte Gulf](#)

[Okinawa](#)

**L. Summary****Display Slide 4.1-15**

- Present Naval History Timeline. If time permits, Click on the links.

**Display Slide 4.1-16**

- Recap the main points from the presentation:
  1. What are your new responsibilities as it relates to interpersonal relationships, and the CPO Creed?
  2. How will you deal with the challenge of maintaining old interpersonal relationships, and building new ones?
  3. How does this topic apply to mission accomplishment?